

Community, Discovery, Engagement



stjamesclerkenwell

Marriage Preparation

You are invited to join the St James Clerkenwell marriage preparation course. It is open to anyone planning to get married or recently married – at St James or elsewhere.

The Marriage Preparation course

Each session includes input on principles of building a lifelong marriage from couples who have been married for some time. In addition there is lots of time allocated for discussion as a couple – we will provide discussion ‘exercises’ to help you think through the tools for marriage presented.

The course provides a structured environment to learn more about building a marriage, develop your understanding of each other and discuss your hopes and dreams for married life together. We promise we won’t inflict any group discussion on you!

Week 1: Understanding marriage

1. What is marriage?
 - contrasting views
2. Starting a new life together in the community
 - changed family relationships
 - developing new ‘traditions’ and practices
3. Cleaving as one
 - making time for each other
 - learning to listen
 - styles of communication

Week 2: Building marriage

1. Express appreciation
2. Build your friendship
3. Willingly serve each other and meet each other’s needs
4. Understand how each other feels loved
5. Sexual intimacy

Week 3: Prevailing in marriage

1. Agree values
2. Understand conflict resolution styles
3. Recognise differences
4. Agree roles
5. Agree finances
6. Resolve quickly